UnitedHealthcare Wellness Programs

Fitness Reimbursement Program

Visit a fitness center and be rewarded



Get rewarded for going to the gym

Starting or staying with an exercise routine isn't always easy. To help you stay motivated and achieve your fitness goals, UnitedHealthcare provides reimbursement for attending a participating fitness center. The fitness reimbursement program is available to employees and spouses actively enrolled in a participating UnitedHealthcare insurance policy.¹

The fitness reimbursement program allows members to earn a credit of \$20 per month – up to \$240 per year for subscribers and enrolled spouses¹– by working out at a contracted fitness center at least 12 times per month.

Choice of many popular fitness centers

Select a fitness center from a network of leading fitness facilities, including:

- 24 Hour Fitness Curves Snap Fitness
- Lifetime Fitness
 And many more

You can also nominate your local fitness center to participate in the program.

Each of these participating chains offers passes that enable you to try a facility before joining. Details vary by location; please contact the individual fitness center.

How do I enroll?

- Visit www.uhctogether.com/uhcwellness to search for a participating fitness center. If you do not already have a fitness club membership, you may be able to enroll at a discounted rate. (Availability varies by fitness center).
- 2. Select your facility from the search results
- Follow the instructions to enroll in the fitness reimbursement program at your selected fitness center.

- 4. Swipe your fitness center membership card each time you visit the facility.
- 5. Earn \$20 every month you visit the fitness center at least 12 times.

If your spouse is covered under a participating UnitedHealthcare medical insurance plan and wishes to enroll in the fitness reimbursement program, your spouse must log in and enroll individually.

There is no additional cost to participate in the fitness reimbursement program, but you must pay for your fitness center membership. And some clubs in the fitness center reimbursement program offer discounts on membership fees. Inquire about available discounts at the fitness center of your choice.

How do I get my fitness reimbursement?

When you enroll in the program, you must set up automatic billing either by credit card or by fund transfer from your checking or savings account. If you attend a participating fitness center 12 or more times in a calendar month, your account is credited \$20 per month. The \$20 will be deposited into your bank account or credited to your fitness center membership dues, depending on the fitness center you select.

For more information on the fitness reimbursement program, contact us at 1-888-294-1141, or visit www.uhctogether.com/uhcwellness.



¹ Fitness reimbursement available to eligible employees and spouses only who are actively enrolled on a UnitedHealthcare medical insurance plan. Fitness reimbursements may be taxable. Please consult your own tax advisor to determine the tax implications of receiving fitness reimbursements under the program.

This program may not be available in all states or for all groups. Components subject to change.

Health plan coverage provided by or through UnitedHealthcare of California, UnitedHealthcare of Oklahoma, Inc., UnitedHealthcare of Oregon, Inc., UnitedHealthcare Benefits of Texas, Inc., UnitedHealthcare of Washington, Inc. Administrative services provided by U.S. Behavioral Health Plan, California (USBHPC) or United Behavioral Health (UBH).

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates